

PUBLIC NOTICE

The Civil Service Commission of the City of Bridgeport will hold an open competitive examination for **Civilian Detention Officer**. The examination will take place at Central High School (1 Lincoln Boulevard, Bridgeport, CT 06606) on Saturday, May 18, 2024 at 10:00AM.

SALARY RANGE: \$43,584 per year

APPLICATIONS: We are no longer accepting applications.

RESIDENCY POINTS: Residency points will be awarded in accordance with Civil Service Rule XV for those who apply and qualify for those points.

VETERAN'S POINTS: Veteran's points awarded in accordance with State and Federal law.

DUTIES: Security work of average difficulty in maintaining the care and well-being of prisoners in a medium security detention facility. Work includes the supervision and control of prisoners; feeding prisoners; medical attention to prisoners; processing prisoners' paperwork to be presented in court; prevention of escape; and other related work duties as directed by Policy and Procedure and the direction of a booking supervisor.

REQUIREMENTS: Minimum age, 21; graduation from high school or equivalency diploma; good physical health, strength, endurance and agility, sound mental and emotional condition; knowledge of basic principles and procedures of detention and incarceration; knowledge of supervision and motivation of prisoners; ability to supervise and communicate effectively with people from various socioeconomic and cultural backgrounds as well as age groups; basic computer and typing skills.

Must possess or have the ability to obtain a valid Connecticut Driver License. Must pass medical evaluation including screening for federally controlled substances by urinalysis. Must have 20/20 vision with or without corrective lenses. Candidates must pass a background investigation in order to be employed. Candidates can be disqualified based on an unacceptable criminal/work history.

SUBJECTS OF EXAMINATION: The examination for Civilian Detention Officer will consist of a written examination and qualifying physical fitness test. Candidates must first pass a written examination. The written examination will be based on a 100 percent scale. Candidates are required pass the written examination with a score of 70 percent or higher. Candidates who pass the written examination will be notified to appear for a qualifying physical fitness test. Details regarding the physical fitness test are attached. Those candidates who have passed the written examination and the physical fitness test will be placed on a hiring list. Qualifying candidates from the established list will be notified to appear for a qualifying medical examination and psychological evaluation. Candidates are also required to satisfactorily pass a background investigation conducted by a vendor chosen at the discretion of the Personnel Director.

SPECIAL ACCOMMODATIONS: The Civil Service Commission will provide reasonable accommodations for persons with a disability to take a test. If you need a special accommodation

you must request it in writing stating what the disability is and providing proof of the disability. This request must be received by the Office of the Civil Service Commission at least 14 days prior to the examination date.

MALE OR FEMALE EMPLOYMENT NECESSITY: Some of the positions in this classification require female employees and some require male employees. Candidates will be drawn from the employment list according to highest rank and gender as needed.

OFFICE OF THE CIVIL SERVICE COMMISSION
City Hall, 45 Lyon Terrace, Room 106
Bridgeport, Connecticut 06604
Open Competitive Examination #2391 – Civilian Detention Officer
An Equal Opportunity Employer VET/AA/DIS/SO/GI

PHYSICAL FITNESS STANDARDS

CITY OF BRIDGEPORT

DETENTION OFFICER

The Physical Fitness test for Detention Officer is comprised of four tests/events:

- Sit and Reach Test
- One-Minute Sit-Up Test
- One-Minute Push-Up Test
- 300 Meter Run Test

Each test is briefly described below. Applicants must pass each test in order to pass the Physical Fitness test. The test will be conducted in the order listed. **YOU SHOULD BEGIN PREPARING FOR THE PHYSICAL FITNESS TEST AS SOON AS POSSIBLE. Do not wait until you receive your results on the written test.**

Station 1: Sit and Reach Test: This test measures flexibility of the lower back and upper leg area. (It is an important area for performing job tasks that may involve range of motion and is important in minimizing lower back problems.) The test involves stretching out to touch the toes or beyond with extended arms from a sitting position. The score is the number of inches reached on a yardstick with 15 inches being at the toes and the 36-inch mark being beyond the toes. (Applicants are permitted three tries at this test. The highest score is the final score.)

Station 2: One-Minute Sit-Up Test: This test measures muscular endurance of the abdominal muscles. (It is an important area for performing job tasks that may involve the use of force. It is also important for maintaining good posture and minimizing lower back problems.) The test involves the performance of as many bent leg sit-ups as an applicant can properly complete in a one-minute period. Hands must be behind the head with fingers interlaced. Elbows must touch the knees in the up position and the back must touch the floor in the down position. Applicants may rest only in the up position. (A partner will hold your feet down.) The score is the number of correctly performed sit-ups performed in one minute.

Station 3: One-Minute Push-Up Test: This test measures muscular endurance of the chest, upper arms and shoulders (upper body dynamic strength). (It is an important area for performing job tasks requiring upper body strength.) The test involves the performance of as many push-ups as an applicant can properly complete in a one-minute period. (Female applicants are permitted to do modified push-ups.) Applicants begin the event in the down position with hands placed next to the shoulders. Arms must be fully extended in the up position and the chest, stomach and thighs must be off the floor in the down position. Applicants may rest only in the up position. The score is the number of correctly performed push-ups performed in one minute.

Station 4: 300 Meter Run Test: This test is a timed run to measure your anaerobic power. (It is an important area for performing job tasks that involve short bursts of maximum effort such as sprinting to respond to emergencies, climbing stairs, dodging, lifting and carrying, dragging and pulling, and use of force in physical encounters for less than two minutes.) The test involves the timed completion of a 300 meter run. Applicants should sprint/run the distance in their fastest time. The score is the number of seconds needed to complete the 300 meter run.

A distance of 300 meters is equal to 328 yards or 984 feet. This is equivalent to $\frac{3}{4}$ of a lap on a standard 400 meter running track. (It should be noted, that you should be sprinting at your maximal level of effort – applicants who jog at a slow or moderate pace or walk during this event will not be able to complete the run in the required time.)

PHYSICAL FITNESS STANDARDS

The following standards must be met in order to pass the Physical Fitness test. Performance scores are pass or fail. An applicant must pass the first test in order to proceed to the next test in the physical fitness test. Applicants are required to pass all FOUR tests. (Applicants will only be tested once at each event; re-testing will not be permitted.)

FEMALE: Age Group

Test	21-29	30-39	40-49	50+
Sit and Reach	18 ¼"	17 ¼"	16 ½"	15 ½"
1 Minute Sit-Ups	30	22	17	12
1 Minute Push-Ups (Modified)	20	15	10	9
300 Meter Run	75.0 sec.	82.0 sec.	106.7 sec	117.0 sec

(Note: If females choose to do traditional (full body) push-ups the standards are as follows:

	21-29	30-39	40-49	50+
	13	9	7	5

MALE: Age Group

Test	21-29	30-39	40-49	50+
Sit and Reach	15 ½"	14 ½"	13 ¼"	12"
1 Minute Sit-Ups	35	32	27	21
1 Minute Push-Ups	26	20	15	10
300 Meter Run	62.1 sec	63.0 sec	77.0 sec	87.0 sec